

Aug 24th – Aug 28th



THE RETREAT CAFE

FEATURES

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



M-W-F



GLOBAL STATION:
On The Vine



MONDAY

Chicken & Waffles

Waffles,
Fried Chicken
Praliene Bacon
Baked Apples
Honey Butter
Maple Syrup
Chili Crisp Hot Honey
House Chips



\$8.00

TUESDAY

Crispy Chicken Milanese Sandwich

Tomato, Pesto,
Mozzarella Salad
Arugula, Roasted Red
Peppers, Telera Roll
Chicken Schnitzel
Fried Green Beans

\$8.00

WEDNESDAY

Low Country Shrimp & Grits

Cheddar Grits
Maque Choux Base
Andouille Sausage
Cajun Shimp
Fried Shrimp
Fried Catfish
Scallions, Old Bay, Fresh
Jalapenos, Lemon
Wedges

\$8.00

THURSDAY

Nashville Hot Chicken Sandwich

Brioche Buns, Nashville
Chicken
Lettuce, Tomatoes,
Pickles, Mayo
Hot Chicken Sauce
Onion Rings
House Chips

\$8.00



FRIDAY

Shrimp Scampi Zoodle Bowl

Zucchini Noodles, or
Rotini Pasta
Shrimp Scampi
Lemon Rosemary Chicken
Pomodoro Sauce,
Pesto Alfredo
Garlic and Chili Roasted
Broccoli
Giardiniera Roasted
Vegetables
Parmesan Cheese, Basil
Chiffonade

\$8.00

SOUPS

MONDAY

Broccoli with Cheese or
Minestrone

TUESDAY

Chicken Tortilla or Baked
Potato

WEDNESDAY

Specialty Soup

THURSDAY

Chicken Noodle or Beef
Barley



CONNECT WITH US



Kxdaught@sentara.com

Please be aware that we handle and prepare
egg, milk, wheat, shellfish, fish, soy, sesame,
peanut and tree nut products.

menu subject to change
based on availability